

MOTHER'S DAY 5K

Presented by Dr. Philip Mascia

SUNDAY, MAY 8, 2016

9:00 A.M. START

BROOKFIELD HIGH SCHOOL, 45 LONGMEADOW HILL ROAD

TO BENEFIT THE BROOKFIELD HIGH SCHOOL TRACK

REGISTRATION: \$25.00 BY MAY 6, \$30.00 RACE DAY. Online registration for individuals is available at <http://brookfield.usaxc.com> at \$27.25 per person. The last day to register online is 5/5/16. (Teams must still register through the Parks & Rec Office). T-shirts to first 225 entrants, chip timing. WALKERS WELCOME!

AWARDS:

WINNER: MALE AND FEMALE

TOP THREE: U14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79

TOP THREE MOTHER/DAUGHTER AND GRANDMOTHER/GRANDDAUGHTER TEAMS*

TOP THREE MOTHER/SON AND GRANDMOTHER/GRANDSON TEAMS*

*RUNNERS MUST ENTER TOGETHER AS A TEAM, PAY AS INDIVIDUALS. TEAMS ARE NOT ELIGIBLE FOR INDIVIDUAL AWARDS.

COURSE ROUTE:

Start at Brookfield High School. Longmeadow Hill Road, right onto Hop Brook Road (cone turnaround) and return on Longmeadow Hill Road to Brookfield High.

DIRECTIONS:

I84 Eastbound: Exit 9, left off ramp onto Rt. 25. 4 miles through light at junction Rt. 133, bear right at Brookfield Library onto Long Meadow Hill Road, Brookfield High School on right.

I84 Westbound: Exit 9, right off ramp onto Rt. 25, then same as above.

The Mother's Day 5K is the second event in the "Four Seasons Challenge Series." The 2016 race calendar includes:

January 1, 2016 28th Annual Brookfield Lions/ James O'Brien New Year's Day Run for Sight 4-Miler

May 8, 2016 Annual Mother's Day 5K to benefit the BHS track
9:00 a.m. start at Brookfield High School

June 5, 2016 10th Annual Brookfield Lions - JDRF Strides to Cure Diabetes 5-Miler
9:00 a.m. start at Cadigan Park, 500 Candlewood Lake Road Brookfield
Contact: Mark Lyon at (203) 775-6190 or lyonpride@charter.net

October 30, 2016 25th Annual 5K Halloween Run and Kid's K Fun Run
10:00 a.m. start at the Brookfield Municipal Center (Kid's K starts at 9:30 a.m.)
Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2016 Halloween Run.

To register by mail, make checks payable to "Town of Brookfield" and mail to:
Brookfield Parks and Recreation, "ATTN: Mother's Day 5K", P.O. Box 5106, Brookfield, CT 06804.
To register by phone with credit card call Brookfield Parks & Recreation at (203) 775-7310.

NAME _____ AGE _____ SEX _____

ADDRESS _____

CITY, STATE, ZIP _____

TELEPHONE _____ SIGNATURE _____

EMAIL: _____

T-SHIRT SIZE _____ PARENT'S SIGNATURE _____

TEAM CATEGORY AND PARTICIPANT NAMES: MD, MS, GD, GS _____